



VOLUNTEER NEWSLETTER

Volunteers don't get paid, not because they're worthless, but because they're priceless.

Sherry Anderson

Happy Mother's Day to all you fabulous women in Chestermere.

Mothers are like glue. Even when you can't see them, they're still holding the family together.

Susan Gale

HAMPER STATISTICS

	HAMPERS	Adults	Seniors	Children	New	Repeat	Clients
JANUARY	25	37	4	26	11	14	67
FEBRUARY	41	62	12	55	4	37	129
MARCH	26	39	3	35	4	22	77
TOTAL	92	138	19	116	19	73	273

Still watching our new clients; average of 6 per month. With job loss and increase in food prices, utilities, mortgages and all other expenses we do what we can to help out with your support.

Our Bread & Extras program is designed to assist families on a weekly basis between hampers where they can stop by for bread, potatoes, carrots, pasta, peanut butter and other items we have in abundance. Over the past 3 months, we have had 188 visits serving 802 clients.

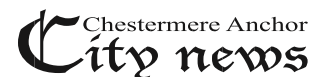
SUGGESTIONS OR TO UNSUBSCRIBE?

EMAIL help@chestermerefoodbank.ca or call 403-273-0777

Bay 105, 100 Rainbow Road, CHESTERMERE T1X 0V2

Office hours 10 – noon Monday through Thursday

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VOLUNTEER VIEW

As we celebrate National Volunteer month, we thank all of our dedicated volunteers for 43,009 hours of priceless service over the past 8 years. At minimum wage, you have donated over \$645,000 worth of your time; we can't thank you enough!

Don't forget to "like" our Facebook Page "Chestermere Food Bank" and share with your friends. Thank You! In 2023 5,065 volunteer hours were donated to our Food Bank 😊😊😊

EVENTS

We were happy to host 19 of our fantastic volunteers for snacks, conversation and a small token of our appreciation for their service.



Cindy – 17 YEARS



Jean S. – 9 YEARS



Gillian – 9 YEARS



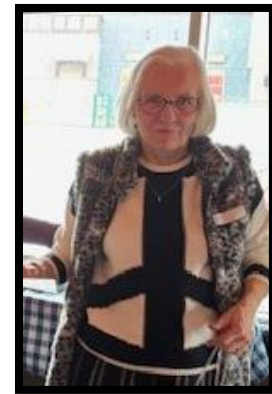
Farida – 8 YEARS



Liz – 8 YEARS



Randy & Winnie – 8 YEARS



Jean C – 5.5 YEARS

Unfortunately, Kathy, Betty and Laurie were also unable to attend – each with 6 YEARS, Anna and Nicole with 7 years. Thanks again to all of you and to the 40+ volunteers who were unable to attend!

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UPCOMING EVENTS

With our shelves terribly empty since the end of February, our local firefighters have stepped up to hold a food drive at No Frills on Saturday, April 13 from 11am – 3pm. If you can help them help us out, please sign up at <https://www.signupgenius.com/go/10C0B49ACAA2EA3F4C34-48817530-nofrills>.

Our Annual General Meeting will be held on Tuesday, May 28 from 6:30 – 7:30pm at the Food Bank. If you're interested in attending, please sign up at <https://www.signupgenius.com/go/10C0B49ACAA2EA3F4C34-48825741-chestermere> so that we can ensure enough space for all.

Dr. Giggles continues to support us with their **Halfway to Halloween** bash on April 27. Over the past 10 years, they have raised over 10,000 pounds of food for us along with a substantial amount of cash 😊😊😊. Check out their website or their Facebook Page to get in on a night of debauchery, a sprinkle of philanthropy and a spine chilling costume bash!





WISH LIST

• Canned pasta (beefaroni, etc.)	• Cereal
• Canned meals (chili, stew)	• Pancake mix/syrup
• Canned tomatoes	• Sidekicks/hamburger helper/instant potatoes/stuffing
• Tomato paste	• Rice
• Jam/jelly/cheese whiz/honey	• 1 L juice boxes
• Canned fruit	• Paper towels
• Pickles/olives	• Kleenex
• Ketchup, Mustard	• Toilet paper
• Salad dressing	

PLEASE CONSIDER SUPPORTING THE CHESTERMERE REGIONAL FOOD BANK BY MAKING A DONATION

Donate directly to Chestermere Food Bank Here:  **SCAN ME**

NO REFUNDS UNLESS THE EVENT IS CANCELLED

Stay tuned as we gear up for our gardening season although not looking great today. We'll be in touch within the next month 😊

DONATIONS and THANK YOU!!!

Our thanks to so many who continue to support us! CIBC was in with almost 100 pounds of items on our wish list; the Kevin Prasad Foundation back with another 373 pounds.



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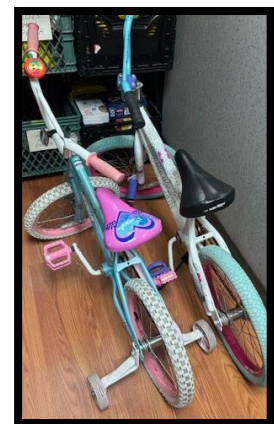
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Prairie Waters School donated another 300 pounds which these lovely gentlemen picked up and delivered to us – gotta love these guys 😊. Our long time friend Fred and family (who have also volunteered for 7 years) continue to check out our wish list and donated 220 pounds of wish list items.



And our local MLA, Chantelle de Jonge, along with her Constituent Assistant, Atiya dropped in to donate over 100 pounds of our most needed wish list items – THANK YOU! And thanks to our volunteers, Doug, Mardi, Charlene and Lori for a great little discussion and hanging around to sort and shelve 😊 We do have the best volunteers!

Once again, the Rotary Club of Chestermere has bikes ready for the summer for our clients. A local resident who wishes to remain anonymous refurbishes these bikes. Clients are ecstatic to receive such a wonderful gift!



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Lakeshore Manor donated over 230 pounds of our wish list items this quarter and we thank them for their continuing support.



once again held their Christmas holiday campaign where each franchisee donated \$.50 from each Bento Box sold over the season. Thanks so much, Edo!



Christmas campaign was very successful thanks to our local Mama Burger lovers and thanks to Kelli, Boya, and staff for helping us out!

Thanks also to  for your ongoing support and a generous cash donation through the Christmas holiday!



Our ongoing thanks and appreciation to all those giving through Canada Helps, Benevity Causes, ATB, CAF and Paypal which continues to help us out on a recurring basis. And thank you to **CENOVUS, SHELL, OVINTIV CANADA, SUNCOR ENERGY, PEPSICO, TC ENERGY** and **TELUS** for matching employee contributions and of course our thanks to those **EMPLOYEES** who have chosen us as their Charity of Choice!

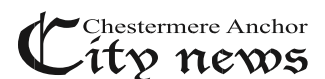
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Thanks always to our local drop off locations! Donations are now being accepted at:



And our thanks to our ongoing sponsors for supporting us on a daily/weekly/monthly basis!



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