



VOLUNTEER NEWSLETTER

Never doubt that a small group of thoughtful committed volunteers can change the world. In fact, it's the only thing that ever has.

Margaret Mead

Let the games begin!

CURRENT STATISTICS

2024	ADULTS	SENIORS	CHILDREN	CLIENTS	FAMILIES
HAMPERS	274	46	229	549	184
BREAD & EXTRAS	761	237	635	1633	392
GOOD FOOD BOX	879	150	607	1636	471
SNACK ATTACK			2500	2500	
AFTER THE BELL			20		9
MEALS ON WHEELS		53		3	2
ROTARY BIKES	2		8	7	7
COMMUNITY GARDEN					
BACKPACK					
ADOPT A FAMILY					
CHRISTMAS HAMPERS					
TOTAL	1916	486	3999	6328	1065

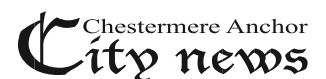
SUGGESTIONS OR TO UNSUBSCRIBE?

EMAIL help@chestermerefoodbank.ca or call 403-273-0777

Bay 105, 100 Rainbow Road, CHESTERMERE T1X 0V2

Office hours 10 – noon Monday through Thursday

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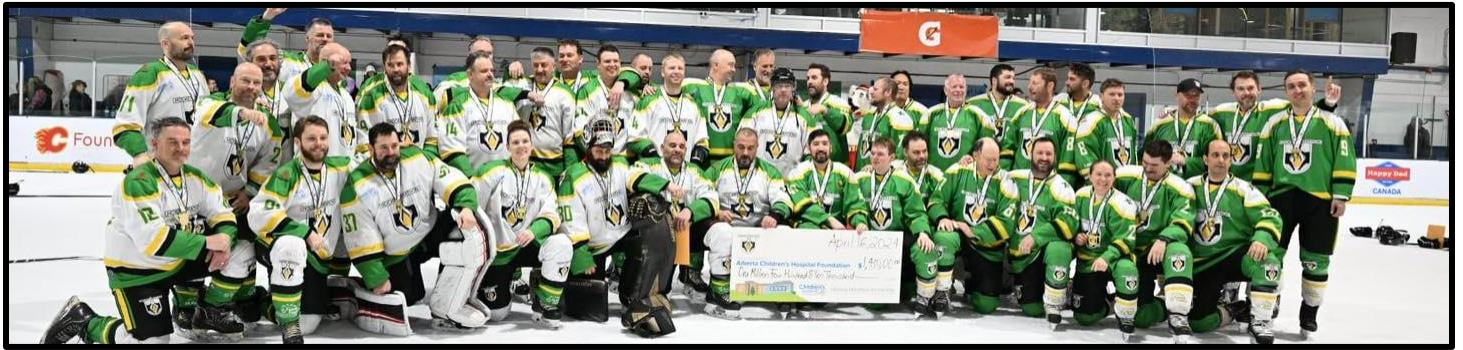
Well, it's been quite a year so far with over 1,000 visits to the Food Bank averaging over 6 new clients each month. We can't thank our volunteers enough for keeping up with the pace!

VOLUNTEER VIEW

Our Annual General Meeting was held on May 28 this year resulting in a couple of changes to our Board of Directors. Laurie Dunn stepped down as President and Gillian Parmar now has the position. We thank Laurie for 6 years of great service and wish her all the best in the future. Caitlin McCullough stepped down as Vice President and Karen Logan took that position. We wish Caitlin well and thank her for her dedicated service. Cindy Verbonac stepped in as Secretary and Dayle Nesbitt as Treasurer. Morgan Matheson, Liz Morrison and Tara Zawyrucha remain on the Board and Sherri Skeans is our new Social Media coordinator. We look forward to another year of accomplishments and new challenges, ideas and events!

Don't forget to "like" our Facebook Page "Chestermere Food Bank" and share with your friends. Thank You! In 2023 5,065 volunteer hours were donated to our Food Bank 😊😊😊

EVENTS



Our thanks to the Worlds Longest Hockey Tournament for almost 1500 pounds of much needed food and to Team Hope for 226 pounds of toilet paper 😊that should last about a year – happy days!

And our thanks to Doug, Marj, Linda and Riyo for sorting all this out for us.

Our spring food drive was held early this year in mid April due to our shelves being a little low stocked compared to other years. Once again, our local Firefighters were on hand to help us out and bring in over 1700 pounds of much needed food.



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And of course our thanks to our great volunteers for helping us weigh, sort and shelf the donations!



Aurora, Janelle, Cindy, Charlene

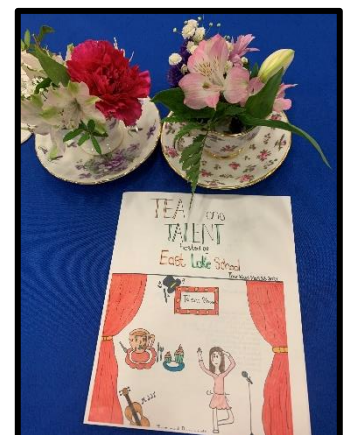
We were happy to be invited to East Lake School's Tea and Talent Fundraiser where we were not only entertained for a couple of hours by their talented students but also received food donations and over \$2300 from their raffle and silent auction.



Thank you, East Lake!
Chestermere Lake Middle School held their Amazing Race where they had to shop for our most wanted food items. We were happy to be involved in this fun event – hope they become annual events 😊😊😊



Anne, Cathy, Chloe, Calia



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We were on water duty for the Seniors Week walk around the lake as well as those Olympic hopefuls training at Loop Around the Lake. A substantial amount of food donations were received at Loop Around the Lake so huge thanks to the organizers. Beautiful days for these eventshoping summer's finally here!



UPCOMING EVENTS

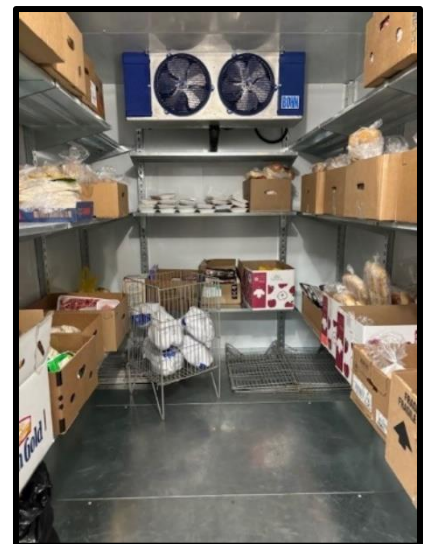
July 21, 22 Chestermere Historical Foundation Casino
At time of writing, only 1 spot left to fill! If you can fill the spot, go to <https://signup.com/go/fgVJdCQ>

September 6 Food Bank 3rd Annual Golf Tournament
Our Annual Fund Raiser will be held at Lakeside Golf Course. To enter the tournament, sponsor a hole, donate raffle/silent auction items, email help@chestermererefoodbank.ca .

DONATIONS and THANK YOU!!!

Our thanks to so many who continue to support us! We have received over 35,000 pounds of food this year through local residents and businesses as well as from Food Banks Alberta, Save on Foods in Langdon and Poplar Bluff in Carseland.

And thanks to grants from Food Banks Canada and Family and Community Support Services Association of Alberta, we were finally able to get a walk in freezer! We are now able to accept frozen products including meat and ice cream that we were never able to store. We've already accepted over 1,000 pounds of frozen products in just a couple of weeks – so exciting!!! 😊 😊



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Thanks to local residents for supporting Safeway and Sobey's Liquor's Christmas campaign. With over \$15,000 in gift cards, we can keep that new freezer well stocked!



Our appreciation to Strathmore Elks for your continuing support; certainly helps with fresh produce and dairy for many families.



Thanks also to Rocky View Schools and all our local schools for so much continuing support. We wish you all a fabulous summer and hope it's not too short 😊

Our ongoing thanks and appreciation to all those giving through Canada Helps, Benevity Causes, ATB, CAF and Paypal which continues to help us out on a recurring basis. And thank you to **CENOVUS, SHELL, OVINTIV CANADA, SUNCOR ENERGY, PEPSICO, TC ENERGY** and **TELUS** for matching employee contributions and of course our thanks to those **EMPLOYEES** who have chosen us as their Charity of Choice!

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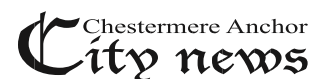
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PROGRAMS



Packs are in! Sponsored wholly by Food Banks Canada, the packs are intended for children to have healthy snacks while school support is unavailable in July and August. Funding allows us to top up the snack bags to include fresh produce and dairy such as cheese strings, yogurt tubes, apples, oranges, carrots, etc.. Clients are welcome to pick up a bag for each of their children once a week throughout the summer.



GOOD FOOD BOX



Through many donations, we are able to provide clients with fresh produce for the week following the Good Food Box delivery. This program is open to all at a cost of \$30 - \$40 depending on the size ordered. Our latest order worked out to be \$1.03 per pound for a large box, \$1.00 per pound for a medium box and \$1.11 per pound for a small box so we see a considerable amount of savings through this program.

ROTARY BIKE PROGRAM



Our local Rotary club continues to provide our clients with 'like new' bikes, reconditioned by local resident, John Jenkins.

John does a fantastic job – you'd never know these bikes are recycled; they come to us in pristine condition! Rotary provides locks and helmets for each bike and to offset their expenses, they are holding an E-Bike raffle. We have tickets at the Food Bank or email the Rotary Club to get yours!



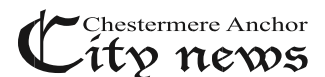
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Thanks always to our local drop off locations! Donations are now being accepted at:



And our thanks to our ongoing sponsors for supporting us on a daily/weekly/monthly basis!



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